



TRENT DEMENTIA BLOG COMPETITION 2025

To celebrate the transfer of Dementia Day to Day to the Trent Dementia website [[Blog - Dementia Day to Day blog - Trent Dementia - Read about how to live well with dementia](#)], we are hosting a blog writing competition. Entries should be on one of these 3 themes:

- Dementia and Spring
- Food and drink
- Fun and games

Please send us your blogs!

PRIZES!!

1st Prize, for best blog overall = £100

2nd prizes, for best blogs in each of the other categories = £50 each

All entries will be considered for publication on Dementia Day to Day.

RULES

Open entry.

Up to 2 entries may be submitted per person.

Word limit = 750 words max, but shorter blogs (300-500 words is good) are welcome.

Please indicate which of the 3 categories your entry is in.

Please submit to: contact@trentdementia.org.uk.

The closing date for entries is 31st March 2025.

Entries will be assessed by a distinguished panel of judges. The judges' decision will be final.

Tom Dening & Kevin Harvey, editors

tom.dening@nottingham.ac.uk

kevin.harvey@nottingham.ac.uk