



Young Onset Dementia

**Contacts and Local Details of Support and
Advice Centres, Activities and Social
Groups in Nottinghamshire**

Updated May 2024

Contact / Local Details

Young Onset Dementia

Nottinghamshire Healthcare has developed a specialist Young Onset Dementia Pathway to ensure people under the age of 65 with a suspected or confirmed diagnosis of dementia have access to timely assessment, diagnosis, treatment and support.

Address: General Management Suite, 76 Portland Street, Kirkby in Ashfield,
Nottinghamshire, NG17 7AG

Tel: 0115 956 0884

Email: YODTeam@nottshc.nhs.uk

Website: <https://www.nottinghamshirehealthcare.nhs.uk/young-onset-dementia>

Mabon Day Centre

A specialist centre for anyone over 18 with working age dementia.

Address: Sherwood Community Centre, Woodthorpe House, Mansfield Road, Sherwood, NG5 3FN.

For more details, please contact TuVida below:

Email: eastmidlands@tuvida.org

Tel: 0115 962 8920

Website: <https://www.tuvida.org/day-centres-groups-east-midlands>

Find young onset dementia support groups and services

Find a service where you live using Dementia UK's searchable database of young onset dementia groups and services across the UK.

Website: <https://www.dementiauk.org/information-and-support/young-onset-dementia/find-support/>

Contact / Local Details

Dementia Mentors

If you're living with dementia and would love to join Virtual Memory Cafe, then you could fill in Dementia Mentors Registration form on their website. Their aim is to keep people living with dementia socially active from the comfort of their homes. Not young onset specific.

Website & registration form:

<https://www.dementiamentors.org/virtual-memory-cafes.html>

Memory for Two

Supporting families affected by early onset dementia. A Facebook group set up by a family member to share helpful tips, ideas and suggestions primarily about young onset dementia. For people with a positive outlook.

Facebook: <https://www.facebook.com/Memory-for-Two-287197572048864>

Website: <https://www.memoryfortwo.com/>

Young Onset Carers Group

This group allows you to connect with others who do share this experience and understand the unique challenges in caring for someone with young onset dementia.

The fourth Monday of the month at 7PM – 8PM.

You can book your place on Tide website by clicking on 'Book Now' button on the website: <https://www.tide.uk.net/young-onset-carers-group/>

Email: carersconnect@tide.uk—for any questions

Contact / Local Details

Alzheimer's Society, Young Dementia Thematic Group

group brings together people aged under 65 living with dementia to discuss their views and experiences and use these to impact real change. The group meets on the first and third Thursday of the month from 2-3.30pm and takes place online via Zoom. It is a national group offering the opportunity for involvement across the UK.

Email: Hayleigh.kicks@alzheimers.org.uk

Tel: 07856 280328

Hayleigh Kicks (Dementia Adviser)

Younger Dementia Nottingham

Voluntary organisation based in Nottingham enabling people to connect who have, or care for others, with working age dementia.

Facebook: <https://www.facebook.com/YoungerDementiaNottingham/>

Website: <https://www.youngerdementianottingham.co.uk/nottswad.php>

Email: hello@youngerdementianottingham.co.uk

Nottinghamshire Working Age Dementia

The Working Age Dementia Service in Notts contact details are as follows:

Tracey Evans, OT Consultant, Working Age Dementia, Outreach Office,

The Forest (Barchester Unit), Southwell Road, Mansfield, Notts, NG18 4HH

Tel: 01623 415707

Mobile: 07833 437004

Information from:

<https://www.youngerdementianottingham.co.uk/nottswad.php>

Contact / Local Details

NHS working age dementia team

Contact the NHS working age dementia team if you live in Nottinghamshire and are under 65, with a diagnosis of dementia.

Support sessions run at various times and locations across the county, including peer support groups.

Tel: 01623 403278 for more information.

Information from: <https://www.newark-sherwooddc.gov.uk/dementiasupport/>

Dementia and Neurodegeneration: Early Onset Dementia

At Nottingham University Hospitals, they provide a clinic for early/young onset dementia for patients below the age of 60.

Website: <https://www.nuh.nhs.uk/dementia-neurodegeneration>

Rare Dementia Support (RDS)

RDS works to support people affected by five rare dementia conditions: familial Alzheimer's disease (FAD), frontotemporal dementia (FTD), familial frontotemporal dementia (fFTD), posterior cortical atrophy (PCA) and primary progressive aphasia (PPA).

Tel: 020 3325 0828

Email: contact@raredementiasupport.org

Website: www.raredementiasupport.org

Contact / Local Details

Advisory, Conciliation and Arbitration Service (ACAS)

ACAS can give you advice about workplace situations. Its website has guidance and publications or you can phone the helpline for information and advice.

Tel: 0300 123 1100 (Helpline, 8am–6pm Monday–Friday)

Website: www.acas.org.uk

Equality Advisory and Support Service

The EASS helpline can give you free advice and support.

Tel: 0808 800 0082 (Helpline, 9am–7pm Monday–Friday, 10am–2pm Saturday)

Website: www.equalityadvisoryservice.com

Facebook group, Dementia Aware

A UK-based Facebook group helping to spread awareness and share issues for people of all ages. It's a closed group, but you can join if you or one of your family or friends has a form of dementia. Not young onset specific.

Facebook link: <https://www.facebook.com/groups/250325295027020>
