

Stonebridge City Farm Health Walk



**The 2nd Thursday of each month at 11:30 AM
8th June, 13th July, and 10th August**

We meet at 11:15 AM at Handel Street bus stop.

If you are driving, we meet you at the entrance at 11:30 AM.

Limited Free parking is available just outside the farm.

Parking on Stonebridge Road costs £2 for all day parking.

If you take buses 24, 25, 26, or 27, the farm is a five minute walk from either the St Chad's Road stop or Handel Street (depending on which direction you're coming from)

This free walk is for people living with dementia and their supporters.

For more information, please email: contact@trentdementia.org.uk

or call 0115 74 84 220- please leave your name & number

Disclaimer: You are responsible for your own safety. In case you need support, you are welcome to come with your family member, supporter or carer.