

Where can I get updates about Coronavirus?

From: Public Health England & NHS resources

- You can track the number of coronavirus cases in your area here: <https://tinyurl.com/re6gg69>
- What to do if you have the symptoms? <https://tinyurl.com/ujvne9x>
- How to protect yourself? <https://tinyurl.com/vccz7ux>
- The NHS 111 online coronavirus service: <https://111.nhs.uk/covid-19/>

Looking after your mental wellbeing: <https://tinyurl.com/uju6mxj>

