



What's on in Notts?

**Contacts and Local Details of Support and
Advice Centres, Activities and Social
Groups in Nottingham**

Updated May 2019

Contact / Local Details

Singing for the Brain Wollaton (City)

Address: Grangewood Methodist Church, Methodist Church, Grangewood Road, NG8 2SJ, Nottingham

Tel: 0115 934 3800 - Information provided by Alzheimer's Society

Pegasus—Nottinghamshire Police

Pegasus makes the 999 system more accessible to people who are vulnerable or have disabilities and impairments. You can apply in writing to Nottinghamshire Police Headquarters, Contact Management, Pegasus, Sherwood Lodge, Arnold, Nottingham, NG5 8PP, Email: pegasus@nottinghamshire.pnn.police.uk

Website: <https://www.nottinghamshire.police.uk/Pegasus>

Nottinghamshire Police Tel for more info: 101

Dementia Cafe Rushcliffe

Tel: 0115 934 3800

Address: Part Lutterell Hall, Church Drive, West Bridgford, Nottingham, NG2 6AY

Information provided by Alzheimer's Society.

Dementia Cafe Gedling

Tel: 0115 934 3800

Address: Good Shepherd Church Hall, Thackerays Lane, Woodthorpe, Nottingham, NG5 4HT,

Information provided by Alzheimer's Society.

End of Life Support Service

Tel: 0115 962 8920

Address: 19 Pelham Road, Sherwood, Nottingham NG5 1AP

Email: hello@carerstrustem.org

Contact / Local Details

Carers in Hucknall

Tel (Jim Radburn): 0115 953 0746

Website: www.carersinhucknall2.btck.co.uk

Meetings' Address: The John Godber Centre, Ogle St, Hucknall, Nottingham NG15 7FQ (at 1:30-3:30 pm. Every 1st and 3rd Tuesday of every month.)

Dementia Cafe Wollaton

Tel: 0115 934 3800

Address: Kingswood Methodist Church, Kingswood Methodist Church, Lambourne Drive, NG8 1GR, Nottingham

In At the DEEP End

DEEP peer support group

Their aim is to make friends with people living with dementia including carers. Regular meet ups with refreshments, with plans to create activities and social events. Helpful advice always available from people who may really know what it feels like.

Area: Clifton, Nottingham

Email: deep@trentdementia.org.uk

Friends for Life—Ey up me Duck!

DEEP peer support group

Their aim is to make friends with people living with dementia including carers. Regular meet ups with refreshments, with plans to create visits out, social events, reliving old haunts around Nottinghamshire, Research Projects hopefully involving Local School Children. Helpful advice always available from people who really know what it feels like.

Area: Gedling / Carlton / Arnold, Nottingham

Email: deep@trentdementia.org.uk

Contact / Local Details

Dementia UK

Admiral Nurse Dementia Helpline: 0800 888 6678

Email: helpline@dementiauk.org

Website: www.dementiauk.org

Address: Dementia UK, 7th floor
One Aldgate
London EC3N 1RE

Dementia Cafe Clifton

Tel: 0115 934 3800

Address: Clifton Methodist Church, 212 Rivergreen, NG11 8AU

Information provided by Alzheimer's Society

Eastwood Memory Café

Tel: 07847 716759

Email: eastwoodmemorycafe@btinternet.com

Address: Eastwood Memory Cafe, Plumtre Hall (behind St Mary's Church), Church Street,
Eastwood, Nottingham, NG16 3BS

Website: <http://www.eastwoodmemorycafe.btck.co.uk/EastwoodMemoryCafe>

Beeston Memory Cafe

Tel: 07960398700

Email: info@beestonmemorycafe.com

Address: Middle Street Resource Centre, 74 Middle Street, Beeston, NG9 2AR

Website: <http://beestonmemorycafe.com/>