



Stonebridge City Farm Health Walk



**On the following Thursdays at 11:00AM in
2025:**

**10th July, 9th October, and 13th November
& in 2026:**

12th February, 9th April, 14th May, 11th June

We meet at 11:00 in the Café as you enter the farm

If you are driving,

Limited Free parking is available just outside the farm.

Parking on Stonebridge Road is free for two hours.

If you take buses 24, 25, 26, or 27, the farm is a five minute walk from either the St Chad's Road stop or Handel Street (depending on which direction you're coming from)

This free walk is for people living with dementia and their supporters.

For more information, please email: contact@trentdementia.org.uk
or call 0115 74 84 220- please leave your name & number

Disclaimer: You are responsible for your own safety. In case you need support, you are welcome to come with your family member, supporter or carer.

Trent Dementia Services Development Centre is a Registered Charity No. 1109855